

**Meet Our New Co-Workers:**

**Joyce Hoffman, Assistant Director of Personal Care**



Joyce Hoffman has been working in nursing for over thirty-seven years. Fun fact, she used to be a candy striper! In her spare time, she loves being with family. Now a widow after thirty-two

years, she has four children, five grandchildren and one more grandchild on the way. Her favorite quote is "Life is not about waiting for the storm to pass; it is about dancing in the rain." We are so excited Joyce chose to join our team here at Heather Heights.

**Alyssa Stevens, Sales Director**



Alyssa has worked in senior housing for over five years. She's a graduate of SUNY Brockport with a degree in Healthcare Administration. She is engaged and planning a July

2021 wedding. Her and her fiancée just bought their first house. She has one dog and two cats. When not at work, Alyssa enjoys golfing, traveling, boating and spending time with family and friends. Her favorite quote is; "There are far better things ahead than left behind." Welcome Alyssa.

**Employee of the Month: Sheri Coe**



For over 15 years, Sheri Coe has cared for and loved the residents at Heather Heights. Her roles as Medication Technician and Personal Care Aide, are positions she

performs with great skill and pride. Born and raised in Sodus, NY, she also graduated from Finger Lakes Community College with a degree in Arts and Science. Yes- this girl can sing! She has five brothers and five sisters, which has produced 18 nieces and nephews for her and who knows how many great nieces and nephews. She loves her dog, Mitzie, country music and has been a fan of the soap opera, "General Hospital" for over 33 years. Sheri always does her best to make residents feel special and happy. Congratulations Sheri!



# Heather Heights Happenings

160 West Jefferson Road ♦ Pittsford, NY 14534 ♦ Phone (585) 264-1600



**A Message From Our Community**

We have been very fortunate that our residents have remained COVID free for the last 7 months and while we still have a long way to go, we have made great strides to open the community back up to our families. At this time, we are scheduling visitation at the community inside and outside depending on the weather. You can reach out to the community to get instructions on scheduling a visit or a zoom with your loved ones.

As I'm sure you are all aware, everything is subject to change depending on the state guidelines and procedures given to us by the department of health. If you have any questions, don't hesitate to contact a manager, they are always happy to help and get you the answers you are looking for.

If anyone has any suggestions or recommendations for activities in the community, please let us know. We know this has been a trying time for everyone and our goal is always to provide the best possible care to everyone including recreation. We welcome suggestions of any kind to keep you all entertained.

**Department Managers**

**Administrator**

Evelyn Suarez, LPN

**Assistant Administrator  
Business Office Manager**

Tiffany Arnold

**Director of Personal Care**

Rachelle Mandigo, LPN

**Assistant Director of Personal Care**

Joyce Hoffman, LPN

**Admission Director**

Erin Schneider

**Sales Director**

Alyssa Stevens

**Culinary Director**

Andy Armstrong

**Maintenance Director**

Tony Rivera

**Recreation Director**

Susan Thomas-Payne

**Housekeeping/Laundry Director**

Ernest Myers

**Memory Care Coordinator**

Jaime DeGough, LPN

**CALLING ALL GHOST, GOBLINS AND GHOULS!**

**PLEASE JOIN US AT HEATHER HEIGHTS**  
160 W. JEFFERSON RD  
PITTSFORD, NY 14534  
**WEDNESDAY, OCTOBER 28, 2020**  
**FROM 5PM-7PM**  
**FOR TRICK-OR-TREATING WITH OUR RESIDENTS**

**\*ALL COVID RESTRICTIONS APPLY. WE ASK THAT EACH PERSON ATTENDING PLEASE WEARS A MASK\***

SHARE & TWEET #NIGHTOFFRIGHTS @ HEATHERHEIGHTS

**JOIN US FOR A NIGHT OF FREIGHTS AT HEATHER HEIGHTS!**



**Residents**

Joan Beisheim 10/2  
Jan Bourque 10/10  
Ed Vroman 10/14  
Bob Pedersen 10/26  
Norma Spiess 10/26

**Co-Workers**

Leslie Vasquez 10/1  
Curtis Beatty 10/14  
Sarah Mottshaw 10/17  
Elesia Justice 10/19  
Steve Ribble 10/28  
Tanisha Law 10/30

"Count your age by friends, not years. Count your life by smiles, not tears." John Lennon



### Marshall's Legal Legacy



On October 2, 1967, Thurgood Marshall was sworn in as the first black Supreme Court justice. Marshall was no stranger to the Supreme Court. As chief counsel for the National Association for the Advancement of Colored People (NAACP), he had argued 32 cases before the Supreme Court, winning 29 of them, a record-setting achievement at that time. After a long and contentious debate in the Senate, Marshall's nomination was confirmed by a vote of 69–11. President Lyndon Johnson was confident in his selection, saying that it was "the right thing to do, the right time to do it, and the right man and the right place."

Marshall was born in Baltimore, Maryland, in 1908, the great-grandson of slaves. He was rejected from the University of Maryland's law school because of his skin color, so he enrolled in Howard University in Washington, DC. There he studied under the civil rights lawyer Charles Houston, who was a major figure in the dismantling of Jim Crow laws. Marshall graduated first in his class in 1933, and three years later, he joined the legal team at the NAACP, where Houston was the director. In just two years, Marshall took over this top legal job and went on to argue many cases before the Supreme Court. They were cases that would reshape the legal landscape for minorities and usher in the Civil Rights Era.

Marshall's most notable case was *Brown v. Board of Education of Topeka*. He argued that "separate educational facilities were inherently unequal" and therefore violated the "equal protection clause" of the Fourteenth Amendment of the Constitution. The high court unanimously agreed with Marshall, ending segregation in schools.

Marshall's contributions as a Supreme Court justice were no less momentous. His decisions helped expand civil rights, challenged discrimination based on race and sex, and questioned inequities in the criminal justice system. Marshall spent his career as a tireless advocate for the betterment of all Americans.



New Residents

Mary Fay – 202  
Helga Lapress – 312



Ruth Ginsburg quote:  
"When I'm sometimes asked 'When will there be enough women on the Supreme Court?' and my answer is: 'When there are nine.' People are shocked. But there'd been nine men, and nobody's ever raised a question about that."



#### VOTING FOR 2020

We have sent in absentee ballot requests for all our residents who were interested in voting in the November 2020 election. We will not be going to the polls in person due to covid 19 restrictions. Every resident has the right to vote for any candidate they choose, and we are committed to make the process as easy as possible.



Art Group expressing creativity



Take out tastes so good....



Simple Pleasures of Life



Ice Cream time....yummy

Life is like an ice-cream cone; you have to lick it one day at a time. Charles Schultz