

Sunday

Monday





Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>1</b></p> <p>9:30am Televised Church 10:30am-Donuts-9 1:30am Football-9  2:30pm Ice Cream 6:30pm Movie orTV Show-9</p> <p>Daylight Saving Time Ends</p>	<p><b>2</b></p> <p>10:00am Exercise-1 10:30am-Snacks-1 2:00 Resident Choice-1 2:30pm Ice Cream-1 3:00pm Project Time-1 6:30pm Movie orTV Show-9</p>	<p><b>3</b></p> <p>9:30am Morning Hellos-1 9:45am Moving &amp; Grooving 10:30am Snack-1 10:45am Discussion Grp-1 2:30pm Ice Cream-1 3:00pm Resident Choice-1 6:30pm Music/TV Time-9</p>	<p><b>4</b></p> <p>9:30am Morning Hellos-1 9:45am Moving &amp; Grooving 10:30am Snack-1 10:45am Discussion Grp-1 2:30pm Ice Cream -1 3:00pm Resident Choice-1 6:30pm Movie &amp; Snacks-9</p>	<p><b>5</b></p> <p>9:45am Exercise-1 10:15am Snacks-1 10:30am Art Time-1 1:30 pm Games-1 2:30 pm Ice Cream -1 2:45pm Bucket List-1 4:00pm Calming Music-1 6:30pm Music/TV Time-9</p>	<p><b>6</b></p> <p>10:00am Morning Hellos-1 10:30am Snacks-1 11:00 am Memory Game-1 2:30pm Ice Cream-1 2:30p Movie Matinee-1 4:30pm –Soothing Music-1 6:30pm Movie or TV Program-9</p>	<p><b>7</b></p> <p>10:00am Moving &amp; Grooving 10:30am Snacks 11:00am Music Fun 2:00pm Movie time 2:30pm Ice Cream 7:00p Lawrence Welk TV-9</p>
<p><b>8</b></p> <p>9:30am Televised Church 10:30am-Donuts-9 1:30am Football-9  2:30pm Ice Cream 6:30pm Movie orTV Show-9</p>	<p><b>9</b></p> <p>10:00am Exercise-1 10:30am-Snacks-1 2:00 Resident Choice-1 2:30pm Ice Cream-1 3:00pm Project Time-1 6:30pm Movie orTV Show-9</p>	<p><b>10</b></p> <p>9:30am Morning Hellos-1 9:45am Moving &amp; Grooving 10:30am Snack-1 10:45am Discussion Grp-1 2:30pm Ice Cream-1 3:00pm Resident Choice-1 6:30pm Music/TV Time-9</p>	<p><b>11</b></p> <p>9:30am Morning Hellos-1 9:45am Moving &amp; Grooving 10:30am Snack-1 11:00am Honoring our Veterans-1 2:30pm Ice Cream -1 3:00pm Resident Choice-1 6:30pm Movie &amp; Snacks-9</p> <p>Veterans Day Remembrance Day (Canada)</p>	<p><b>12</b></p> <p>9:45am Exercise-1 10:15am Snacks-1 10:30am Art Time-1 1:30 pm Games-1 2:30 pm Ice Cream -1 2:45pm Bucket List-1 4:00pm Calming Music-1 6:30pm Music/TV Time-9</p>	<p><b>13</b></p> <p>10:00am Morning Hellos-1 10:30am Snacks-1 11:00am Memory Games-1 2:30pm Ice Cream-1 2:30p Movie Matinee-1 4:30pm –Soothing Music-1 6:30pm Movie or TV Program-9</p>	<p><b>14</b></p> <p>10:00am Moving &amp; Grooving 10:30am Snacks 11:00am Music Fun 2:00pm Movie time 2:30pm Ice Cream-1 7:00p Lawrence Welk TV-9</p>
<p><b>15</b></p> <p>9:30am Televised Church 10:30am-Donuts-9 1:30am Football-9  2:30pm Ice Cream 6:30pm Movie orTV Show-9</p>	<p><b>16</b></p> <p>10:00am Exercise-1 10:30am-Snacks-1 2:00 Resident Choice-1 2:30pm Ice Cream-1 3:00pm Project Time-1 6:30pm Movie orTV Show-9</p>	<p><b>17</b></p> <p>9:30am Morning Hellos-1 9:45am Moving &amp; Grooving 10:30am Snack-1 10:45am Discussion Grp-1 2:30pm Ice Cream-1 3:00pm Resident Choice-1 6:30pm Music/TV Time-9</p>	<p><b>18</b></p> <p>9:30am Morning Hellos-1 9:45am Moving &amp; Grooving 10:30am Snack-1 10:45am Discussion Grp-1 2:30pm Ice Cream -1 3:00pm Resident Choice-1 6:30pm Movie &amp; Snacks-9</p>	<p><b>19</b></p> <p>9:45am Exercise-1 10:15am Snacks-1 10:30am Art Time-1 1:30 pm Games-1 2:30 pm Ice Cream -1 2:45pm Bucket List-1 4:00pm Calming Music-1 6:30pm Music/TV Time-9</p>	<p><b>20</b></p> <p>10:00am Morning Hellos-1 10:30am Snacks-1 11:00am Memory Game-1 2:30pm Ice Cream-1 2:30p Movie Matinee-1 4:30pm –Soothing Music-1 6:30pm Movie or TV Program-9</p>	<p><b>21</b></p> <p>10:00am Moving &amp; Grooving 10:30am Snacks 11:00am Music Fun 2:00pm Movie Time 2:30pm Ice Cream 7:00p Lawrence Welk TV-9</p>
<p><b>22</b></p> <p>9:30am Televised Church 10:30am-Donuts-9 1:30am Football-9  2:30pm Ice Cream 6:30pm Movie orTV Show-9</p>	<p><b>23</b></p> <p>10:00am Exercise-1 10:30am-Snacks-1 2:00 Resident Choice-1 2:30pm Ice Cream-1 3:00pm Project Time-1 6:30pm Movie orTV Show-9</p>	<p><b>24</b></p> <p>9:30am Morning Hellos-1 9:45am Moving &amp; Grooving 10:30am Snack-1 10:45am Discussion Grp-1 2:30pm Ice Cream-1 3:00pm Resident Choice-1 6:30pm Music/TV Time-9</p>	<p><b>25</b></p> <p>9:30am Morning Hellos-1 9:45am Moving &amp; Grooving 10:30am Snack-1 10:45am Discussion Grp-1 2:30pm Ice Cream -1 3:00pm Resident Choice-1 6:30pm Movie &amp; Snacks-9</p>	<p><b>26</b></p> <p>9:45am Exercise-1 10:15am Snacks-1 Noon – Thanksgiving Dinner 2:00 pm Football-9 2:30 pm Ice Cream-9</p> <p> Thanksgiving Day (US)</p>	<p><b>27</b></p> <p>10:00am Morning Hellos-1 10:30am Snacks-1 11:00am Memory Game-1 2:30pm Ice Cream-1 2:30p Movie Matinee-1 4:30pm –Soothing Music-1 6:30pm Movie or TV Program-9</p>	<p><b>28</b></p> <p>10:00am Moving &amp; Grooving 10:30am Snacks 11:00am Music Fun 2:00pm Movie time 2:30pm Ice Cream 7:00p Lawrence Welk TV-9</p>
<p><b>29</b></p> <p>9:30am Televised Church 10:30am-Donuts-9 1:30am Football-9  2:30pm Ice Cream 6:30pm Movie orTV Show-9</p>	<p><b>30</b></p> <p>10:00am Exercise-1 10:30am-Snacks-1 2:00 Resident Choice-1 2:30pm Ice Cream-1 3:00pm Project Time-1 6:30pm Movie orTV Show-9</p>	<p>B = Blue Room R = Red Room G = Green Community L = Main Lobby T = Theater Room Y = Ice Cream Parlor \$ = Self Pay P = Puzzle Room</p>				

# November 2020

## Green Neighborhood

### Heather Heights of Pittsford, Inc.

\*All Programs Subject to Change

Alyssa S.-1, Noah -2, Dina V.-3, Sarah C. 4, Resident Volunteer-7, Volunteer-8, PCA-9, Please contact Susan Thomas-Payne-11 with any comments or suggestions regarding Recreation.